

Workout Sites

- **Aerobic and Strength Training Workouts** via Fitness Blender: <https://www.fitnessblender.com>
Pick the length of time, area of the body, intensity, and more to get a workout in your house!
- **Yoga Classes** – big variety of yoga and all 30 minutes or less:
<https://www.youtube.com/playlist?list=PLZkDZKOcvYTh4dRDXQ71m7gQUmWkDmLAI>

Museums

- Smithsonian Learning Lab - <https://learninglab.si.edu/distancelearning>
- National Museum of Natural History Virtual Tours - <https://naturalhistory.si.edu/visit/virtual-tour>
- National Portrait Gallery's Visit at Home Resources - <https://npg.si.edu/visit>
- Smithsonian Libraries' Color Our Collections - <https://library.si.edu/2018ColorOurCollections>
- Smithsonian Science Education Center's Online Game Center - <https://ssec.si.edu/game-center>
- Smithsonian's Explore and Learn - <https://www.si.edu/learn-explore>
- National Museum of Natural History's The Doctor is In YouTube Channel - <https://www.youtube.com/channel/UCEoXRsqyFvc4Cuq8exbVLaw/videos>
- National Air and Space Museum's Air and Space Anywhere Resources - <https://airandspace.si.edu/anywhere>

Louvre

- Visit the museum's exhibition rooms and galleries, contemplate the facades of the Louvre...Come along on a virtual tour and enjoy the view, thanks to the sponsorship of Shiseido. Louvre.fr

Music, Theatre, & Film

- **National Public Radio: Live Concerts**
<https://www.npr.org/2020/03/17/816504058/a-list-of-live-virtual-concerts-to-watch-during-the-coronavirus-shutdown>
- **Seattle Symphony** will continue sharing performances that provide strength, comfort and joy. The musicians of the Seattle Symphony have generously volunteered to share free broadcasts with everyone during this time of uncertainty. All broadcasts can be streamed through the Symphony's social media channels on [YouTube](#) and [Facebook](#).
- **Berlin Philharmoniker Digital Concert Hall:** If you are new to this site, you can set up a - free and without obligation - account. Then you can redeem the code **BERLINPHIL** and use the Digital Concert Hall free of charge for 30 days at www.digitalconcerthall.com
- **National Theatre of London:** Enjoy free world-class theatre at <https://www.nationaltheatre.org.uk/>
- PBS announced Sunday that it would be streaming Ken Burns' 1994 documentary miniseries *Baseball* for free. *Baseball*, which offers 18½ solid hours of entertainment, can be viewed [on the PBS website](#) and through the network's various streaming apps.

TRAVEL

- **20 Sacred Spaces to Virtually Visit Around the World**

https://www.travelzoo.com/blog/20-sacred-spaces-to-transport-you-around-the-world/?utm_source=newsflash_us&utm_medium=email&utm_campaign=2872027_html_deal%3a2872027&utm_content=2872027&ec=0&dlinkId=2872027

- **20 Amazing Places to Virtually Around the World**

https://www.travelzoo.com/blog/20-amazing-places-you-can-visit-without-leaving-home/?utm_source=newsflash_us&utm_medium=email&utm_campaign=2871840_html_deal%3a2871840&utm_content=2871840&ec=0&dlinkId=2871840

- **National Parks 360-Degree Virtual Tours**

<https://techcrunch.com/2016/08/25/google-now-lets-you-explore-u-s-national-parks-via-360-degree-virtual-tours/>

Kids' Education/Enrichment from Scholastic

As the nation's schools shut down, one question is on the lips of every child in America: Where will we get our homework? In reply, children's book publisher Scholastic has launched [Learn at Home](#), a website offering daily enrichment projects for kids stuck at home, sorted by grade level. The projects are cleverly designed attention traps: [An article about the Loch Ness monster](#) lures kids in with the promise of monsters before tricking them into learning about DNA and the scientific method; an article about [Star Wars filming locations](#) covers film production and geography before pivoting into a discussion of latitude and longitude. Some of the lessons for younger kids use Scholastic's [BookFlix](#) service, but Scholastic has created a generic login and password (username: Learning20, password: Clifford) to unlock access.